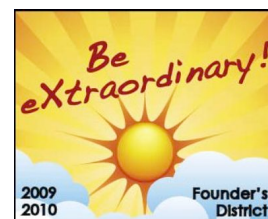


The FOUNDER

The Founder's District Quarterly Newsletter



[www.FoundersDistrict.org](http://wwwFOUNDERSDistrict.org)

Featuring successful Toastmasters achieving their personal and professional goals.



www.Toastmasters.org

Table of Contents

Page 1

Lt. Governor of Marketing Message

Page 2

District Governor's and Lt. Governor of Education and Training Messages

Page 3

Spotlight on Divisions A & B

Page 4

Spotlight on Divisions C & D

Page 5

Spotlight on Divisions E & F

Page 6

Spotlight on Divisions G & H

Page 7

Lead by Example
You Be the Judge

Page 8

LACE Training and other important dates

Submission and Contact Information



Victoria Bakker, ACS, ALB
[Lt. Governor Marketing](#)
 Email: raspberrford@gmail.com

Foundation of the District

In the last two issues of *The Founder* I highlighted the benefits of having new members in your clubs. New members bring fresh ideas, new energies, and more opportunities for growth, learning and mentoring. And while that is true, the cornerstone of the entire Toastmasters program comes down to one key element: **YOU**.

The current members of Founder's District Toastmasters remain at the forefront. If you're not achieving your goals in Toastmasters, you have several options.

Discuss your goals with your club's Vice President of Education and set a new speaking schedule for yourself - maybe one speech a month. You can also be a guest speaker at another club to reach your speaking goals. Initiate a conversation with your mentor. Don't have one? Ask your VP of Education to assign one.

Some experienced members are ready to make the transition from speaker to leader, or quite possibly to mentor. Sharing your knowledge as a seasoned presenter is the next natural and rewarding step.

Your needs and goals are the foundation of the District. Based upon this premise, I ask you to complete one of two tasks: If you're struggling to reach your goals, ask for help - OR - If you're achieving your goals, share your success. Your success as a Toastmaster is the ultimate victory.

Sometimes clubs and members are unable to climb the ladder of success because of low membership and low morale. A Club Coach can help give you a boost. The Club Coach program is designed to assist clubs with 12 or less members, who are struggling. Contact Diane Beall (b22ear@socal.rr.com) for more information.

The mission of the district is to enhance the performance and extend the networks of clubs, thereby offering greater numbers of people the opportunity to benefit from the Toastmasters educational program by; focusing on the critical success factors as specified by the district educational goals and membership goals; ensuring that each club effectively fulfills its responsibilities to its members; providing effective training and leadership development opportunities for club and district officers.



Maira Pineda, ACS, ALS
 Founder's District Governor
 Email: maitaiti@yahoo.com

Leading from Any Chair

Whose “job” is it to lead? In many groups, it’s very easy to rely on “the person on the podium” to make all the “big decisions.” We’re sure some should be accountable for our club success – *as long as it’s not me!*

Consider: “A leader does not need a podium; she can be sitting quietly on the edge of any chair, listening passionately and with commitment, fully prepared to take up the baton...”

-- *The Art of Possibility* by Benjamin Zander
eXtraordinary Conductor/Teacher/Speaker/Author

Think of an orchestra: Does the conductor actually ever make any sound? Like every orchestra member, we are each responsible for our individual practice, instrument care, and solo recitals. AND like every orchestra member, we are also responsible for the whole group playing in harmonious concert. After all, an orchestra out of tune will surely find itself in front of an empty audience!

For our clubs to reach our annual Distinguished Club Program goals – *and beyond* – you don’t need to have an elected title, wear a shiny badge, or hold the conductor’s baton: **every** member can lead from any chair.

[Click here](#) to see how close your club is to an **eXtraordinary**, successful, distinguished year!



Ede Ferrari-D'Angelo, DTM
[Lt. Gov. Education & Training](#)
 Email: eferrariandangelo@gmail.com

Success with the Three Rs

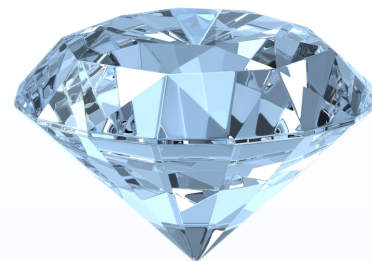
Spring is the season of renewal and the perfect time for you and your clubs to achieve success by following the three Rs: **Refresh, Renew** and **Redouble**.

Refresh your understanding of the Toastmaster Educational and Leadership programs. Review the *Better Speaker Series, Successful Club Series, Leadership Excellence*, or any of the fifteen advanced communication manuals. Select that one manual you’ve avoided all these years and challenge yourself go “get it done.”

Renew old relationships. Contact those members who’ve been absent a long time. Make the time for a personal phone call and ask, “How are you doing?” Remind them of the benefits of membership: more effective communication, improved leadership skills, personal growth, new opportunities, and friendship. Remember to re-invite them to your next meeting.

Redouble efforts to achieve your next educational award. Request the club’s Vice President of Education to schedule your speeches. Your individual effort will translate in to a personal victory for you and will be a positive step toward your club’s Distinguished Club Plan goals.

You and your club will achieve a level of excellence beyond your imagination when you follow the three Rs: refresh, renew, and redouble.



Diamond Web Award

Receive **FREE** feedback on your club’s web site and a chance to win a “swag bag” of gifts and goodies valued at \$250. Email your name, club’s name, and web site URL to mvarma@foundersdistrict.org.

All Founder’s District web masters are eligible - other contest guidelines are online and available to download at www.FoundersDistrict.org



Spotlight on Founder's District Members

Hasan Nouri is a professional engineer who delivers presentations in managing stormwater and sediment in rivers, streams and reservoirs. In 1996 Nouri received the Hoover Medal; other recipients of the Hoover Medal include Presidents Hoover, Eisenhower and Carter. **Extraordinary!**

"My personal goal is to help humanity on an international level. In support of humanity and to promote peace in my birth country (Afghanistan), I have testified in the United States Congress three times and in the Senate once."

Nouri's Toastmasters skills have heightened his ability to communicate a clear and concise message and convey the passion he has about any subject matter.

Last Books Read:

The Kite Runner by Khaled Hosseini



Fun Facts:

- In 1996 he received the "Engineer of the Year" award by the American Society of Civil Engineers.
- In 2001 he received the "Humanitarian of the Year" award by the Episcopal Services Alliance.
- In 2009 he was interviewed by the National Geographic Channel for "Hoover Dam Reinvented."

When you meet the Hasan Nouri, ask him about the standing ovation he received after giving a presentation in 2001.

Division A



Email: hasan_nouri@urscorp.com

Home Club: Toxic Toast
Toastmasters Club

Division B



Chris Christman, ACG, has three immediate goals: to write, to be published and to reach the International Speech Contest. Maybe we'll see her at the Spring 2010 District Conference on Saturday, April 24.

"Writing is my first love and Toastmasters has enabled me to flip the coin and speak the words I write. With the support and feedback from Toastmasters, I became a better speaker than I had ever thought possible and better writer as well."

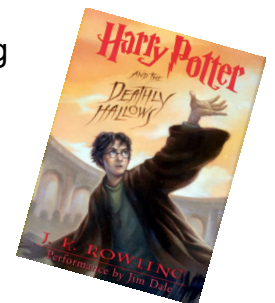
Q: If you could share one thing with new members, what would it be?

A: "Toastmasters unleashes the greatest inner confidence."

Email: gxman@sbcglobal.net
Home Club: Pasadena Community
Toastmasters #9452

Last Book Read:

Harry Potter and the Deathly Hallows by J.K. Rowling



Fun Facts:

- Retired public relations professional
- Retired teacher of English as a Second Language
- Is an avid reader



Spotlight on Founder's District Members

Carson Dane, CTM, joined Toastmasters in 2004. By performing the duties of club officers he learned new skills. *“I realized I could organize my private life to meet my creative needs without sacrificing family and fun.”*

Dane took the lessons from club leadership positions, “mini jobs” as he calls them, and applied the acquired skills to the process of writing a book titled *Alien Witness*.

As VP of Education, he enhanced his organizational talents to set aside time on weekends for writing. Being the Club President revealed follow-up techniques necessary to complete a manuscript, delegate it to editors and follow through with the publishing process. And VP of Public Relations and VP of Marketing positions help Dane better identify, publicize and market to a target audience.

Last Book Read:
Alien Witness by Carson Dane



- Fun Facts:
- Began the book writing process in 2005 and completed it in 2009.
 - His fellow Toastmasters were 100 percent supportive.
 - He has no fear of failure!

Division C



Email: carsondane@gmail.com
Home Club: [Watermeisters #8951](#)



Division D



Brion Kidder, ACS, CL, says, *“One of my major personal and professional goals is to become more than just an effective public speaker, but to become a masterful and persuasive storyteller.”*

One of the best decisions Kidder made was to dive into the advanced manuals upon completing his Competent Communication (CC) designation.

“Many view the CC as the end of the journey,” he says, “but I consider those first ten speeches nothing more than a qualifying round to set apart the hobbyist from the really great speaker. Word of my Toastmasters learning actually led to my current position as a senior director. My current firm wanted someone good in front of a crowd. I joined the company and now have a better income and a more stable career path.”

Email: brion@cbkidder.com
Home Club: [Sensational Salesmen #417](#)

Last Book Read:
Worlds In Collision by Immanuel Velikovsky



- Fun Fact:
- He like mechanical things and is currently repairing a 1922 player piano.
 - He is the current D5 Area Governor.



Spotlight on Founder's District Members

Angie Wahl, ACS, CL, works as a Proposal Manager for Continental DataGraphics, a Boeing company, and is a senior faculty member teaching graduate classes at Keller Graduate School.

“After being in the healthcare field for over 25 years, I was laid off and faced with finding a new job in a tough economy. I used my skills in Toastmasters to effectively communicate my strengths and land the job with a Boeing subsidiary.”

~ Positive proof the core competencies learned in Toastmasters truly make a difference for career advancement.

Last Book Read:

Tail Spin by Catherine Coulter



Fun Facts:

- Has a teenage daughter on the volleyball team
- Sings in a church worship team
- Loves science fiction – “I am a ‘Trekkie’”



Division E



Email: A_wahl@sbcglobal.net
Home Club: [Talking Heads #882](#)

Division F



Harry Yan, DTM is an active member of two clubs: [FCBC FV Speech Club #870344](#) (Div B) and [Irvine Lunchtime Toastmasters #219](#) (Div F). As an IT consultant, Yan is dedicated to helping people make better decisions about new technologies.

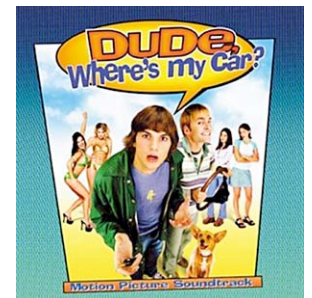
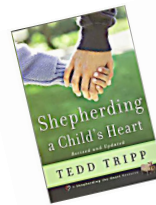
“My personal goals are to make wise decisions in all aspects of my life based on the Word of God. I measure my life in terms of the impact I have on others rather than what I have. I believe significance comes from living a life of integrity and making a positive difference on the lives of others.”

“Toastmasters taught me how to be a better speaker as well as a better listener...how to be a better teacher by assessing how well my students understood the subject; and how to motivate and inspire others by building trusting and caring relationships.”

Email: harry.yan@cox.net
Home Club: [FCBC FV Speech Club #870344](#)

Last Book Read:

The Ultimate Priority by John MacArthur Jr.
Shepherding a Child's Heart by Tedd Tripp



Fun Facts:

- Takes his camera everywhere he goes.
- Has recurring nightmare about forgetting where he parked his car.
- Motto is, “When you learn, teach. When you get, give.”

Spotlight on Founder's District Members

Kalyan Kumar Kolaganti, CC, is a man with a definite plan of action. Personal goal is to get financial freedom by 2014 and professional goal is to become a career counselor by 2015.

He credits Toastmasters with providing two key elements to his success: Improving ability to think on his feet to respond to impromptu situations and a becoming much better listener.

Last Book Read:

The Slight Edge: Secret to a Successful Life by Jeff Olson



Fun Facts:

- Doesn't like to spend time in front of the TV.
- Believes family is more important than career.
- Loves to travel to new places, meet new people and interact with them.
- Reads a minimum of 20 minutes before going to bed (at least 1 book a month).



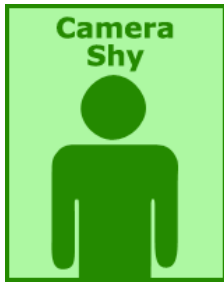
Division G

Email: Kolaganti@gmail.com
Home Club: [Spectrum Speakers Toastmasters #9317](#)



"It's one of those books you can't put down."

Division H



Ed. J. Mihalka, DTM, has spent half of his life (41+ of 82+ years) as a member of Founders District and is currently working on his 7th DTM.

"Due to ability to communicate effectively and convince agents/customers to use my company's product, I was the #1 sales person for eleven consecutive years in the Western Region (7 states) and in the top ten nation wide."

But wait, there's more: *"At age 64 and disabled, when the company I was working for left California, I was hired to re-shape the insurance division of a major savings and loan after one interview - and I credit my Toastmasters background."*

Last Book Read:

Adventures of Baron Munchausen by Rudolf Erich Raspe



Email: edjm6dtm@verizon.net
Home Club: [Community Speak E-Z Club #62](#)

Fun Facts:

- Claims at age 83 he began to develop a warped sense of humor.
- In 83 years he's never hospitalized except for 5 hours as an outpatient in September of 2004.



Lead by Example

Leadership roles can be both challenging and rewarding as you learn how to motivate others to achieve individual and club goals.

The experience will enhance your own skills, and you'll have the satisfaction of knowing you have helped others grow. What comes after being a club officer? Area Governor.

All Toastmasters are encouraged to volunteer for these indispensable roles and become more effective in key responsibilities like:

- Team building
- Delegation
- Goal setting
- Planning
- Problem solving



Other key benefits are networking with other business leaders, making new friends, and gaining a better understanding of how Toastmasters works on a global scale.

Make that leap into leadership. Lead by example. Build your network and increase your network.

For more information about being an Area Governor or volunteering to be a Chairperson for a vital component of the Toastmasters program, **contact:**

Bob Hudack, DTM,
Immediate Past District Governor
hudacktm@gmail.com
 (949) 824-6759 (day)
 (949) 951-2978 (eve)

You Be The Judge!

Well-trained, impartial, and professional-quality Toastmaster judges are needed for the following community youth contests:

- Academic Decathlon
- Rotary Speech Contests
- Lions Club Speech Contest
- High School Academic Competitions
- National Management Association Speech Contest



The Founder's District Judges Bureau sends trained judges to provide unbiased scores and adhere to the organizations' contest rules. Your contributions as a judge are vital to ensure the audience and contestants feel confident winners are deserving and best represent their institution.

These events provide our members the opportunity to help young people gain valuable speaking experience and receive supportive feedback to learn and grow. It's also a chance for Toastmasters to give back to the community.

Your opinion counts. If you're already a trained judge, we need your expertise to help guide our future leaders. If you want to become a trained judge, we'll assist you to achieve your goal. Contact us today!

Contact: **Avis French, CL,** Judges Bureau Committee Chair
Phone: 949-830-1167
Email: eavisf@sbcglobal.net
Web: <http://www.foundersdistrict.org/wiki/CommunityEvents>

Three Chances to Win \$250

Enter the Founder's District's hottest contests for the chance to win a swag bag value of \$250. Click the links for complete rules and details:

- [Diamond Web Award](#) – Best club web site
- [Founder's Film Award](#) – Best club Public Service Announcement
- [PR Achievement Award](#) – Best club Vice President of Public Relations

Or go to <http://www.foundersdistrict.org/wiki/FoundersPRO>

Students Taking on the World

A dozen students graduated from an eight-week Toastmasters Youth Leadership Program at the Irvine Chinese School on February 3, 2010, and are now ready to take on the world.

Each student learned how to hone his or her public speaking skills and identify various aspects of a good speech, like gestures, voice modulation, and body language as well as how to evaluate the Adult Keynote Speakers.

Key elements of leadership, including how to conduct elections and proper parliamentary procedures for President, Vice President, Secretary and Sergeant-at-arms, were covered in the program.

Three to four students prepared a speech every week and all participated in table topics sessions. Several of the graduates expect to continue attending the meetings, which has encouraged parents to attend a Speechcraft and regular Toastmaster meetings.

We anticipate a new club will form at the Irvine Chinese School.



First Row: (left to right) Florence Liu, Kate Liu, Alison Ren, Steven Chen, Mathew Lee, Kristen Lee.

Second row: (left to right) Ryan, Mani, Maira and Michael Chen.

Children not in the photo: Elizabeth Wang, Joshua Wada, Jojo Peng, Enoch Peng, and James Lu.



Spotlight Submissions

Do you know an outstanding Toastmaster who is reaching his or her personal or professional goals? Fill out the [Spotlight Questionnaire](#) and email it to mvarma@foundersdistrict.org to be considered for the next issue of *The Founder*.

Speak and Write in Sound Bytes

People who aspires to a have a dual writing and speaking career need to learn how to write and speak in sound bytes. The [Rough Drafts](#) club is geared to support professionals whose's advancement depends on clear and concise writing with flawless spelling, grammar, and word-usage skills for the publication.

Members focus on writing effective news releases, superior seminar handouts, and speeches that fully engage the audience.

Visit this specialty writers club and mingle with other high achievers. Rough Drafts on the 2nd and 4th Saturdays from 10 AM to 12 PM at:



Atria Woodbridge
3rd Floor Conference Room
1 Witherspoon Drive
Irvine, CA 92604
Email: info@club4433.net
Web: <http://club4433.net>

Toastmasters: Speak. Lead. Succeed.

2010 Spring District Conference

On Saturday, April 24, 2010, all Founder's District members can "GET INSPIRED TO EXPLORE" the personal and professional benefits of the Toastmasters program at the Spring District Conference.



WIIFM (What's In It For Me)?

- Professional networking opportunities
- Educational seminars by world-renowned public speakers:
 - [Darren LaCroix, DTM](#)
 - Ken Cawley, DTM, International Director
 - [Sheryl Roush, DTM](#)
- International and Table Topics speech contests

Register before April 10 and save more than 20% (early bird)

Full conference with lunch **\$55.00**
Full conference no lunch **\$35.00**



After April 10th

Full conference with lunch **\$70.00**
Full conference no lunch **\$50.00**

Saturday, April 24, 2010

8:00 a.m. to 6:00 p.m.

[Crowne Plaza Resort Hotel](#)

12021 Harbor Blvd.
Anaheim, CA 92840
(714) 867-5555



Register online: <http://www.foundersdistrict.org/conference/registration.php>

YOUR FOUNDER'S DISTRICT LEADERSHIP TEAM

Maira Pineda, ACS/ALS

District Governor / Publisher

maitaiti@yahoo.com

Ede Ferrari-D'Angelo, DTM

Lt. Gov. Education & Training

eferrariangelo@gmail.com

Victoria Bakker, ACS/ALB

Lt. Governor Marketing

raspberryford@gmail.com

Michael Varma, ACG/ALS

Public Relations Officer

mvarma@foundersdistrict.org

Michael Varma, ACG/ALS

Newsletter Editor

mvarma@foundersdistrict.org

Diana Ewing, CC/CL

Editor

diana.j.ewing@gmail.com

Dan Cossack, ACS, ALB

Graphic Artist / Web Master

danc@latinleaders.org

This could be you!

Contributing Writer

