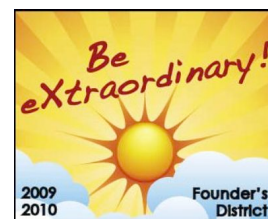


The FOUNDER

The Founder's District Quarterly Newsletter



[www.FoundersDistrict.org](http://wwwFOUNDERSDistrict.org)

Featuring successful Toastmasters achieving their personal and professional goals.



www.Toastmasters.org

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Maira Pineda, ACS, ALS
Founder's District Governor
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District Governor's Message: **Be eXtraordinary!**

"*Founder's Vision is to **Be eXtraordinary**. We will inspire and create a legacy of distinguished Servant Leaders, expect and educate quality Change-Agents and Communicators, cultivate passionate and purposeful Volunteer Clubs and Members, celebrate both Professional Development and Personal Success, and be examples of Excellence in word, in charity, in spirit.*"

As we near the end of Toastmasters' first fiscal quarter (Jul1-Sep30), I'm proud of our District's [educational achievements](#), membership building efforts, and [leadership commitments](#). The year is just starting, and we have wonderful learning and growth opportunities ahead.

How will you Be eXtraordinary!? Our success will be measured in a number of ways: Members meeting professional educational goals and personal achievements with Toastmasters skills; Clubs reaching Distinguished Club Plan goals; and Areas, Divisions, and Founder's District helping members and clubs reach their goals, completing administrative requirements, and chartering new clubs.

I look forward to celebrating each of our achievements throughout the year at club meetings, [District Events](#) - like our upcoming [Fall Conference](#) - and to applauding our Distinguished status in front of our international community at Toastmasters International Convention 2010 when we meet "in our backyard" in Palm Desert, CA.

Enjoy the newsletter insights and toast to your **eXtraordinary** success!

Congratulations to our newest club!

OC Toasters, Club #1331496, is the first new club of our year and they meet at 6:45 a.m. Mondays at Polly's Restaurant in Laguna Hills. Special thanks to sponsors and mentors Clement Pepe, DTM, Carolyn Bramlett, ACS, CL, and Arash Sayadi, CTM.

New Clubs Forming Now in Irvine, Costa Mesa, Stanton and more! Want to visit, join, be part of the demo teams or sponsors/mentors group? Contact [LGM Victoria Bakker](#) for more information on how to participate.

The mission of the district is to enhance the performance and extend the networks of clubs, thereby offering greater numbers of people the opportunity to benefit from the Toastmasters educational program by; Focusing on the critical success factors as specified by the district educational goals and membership goals; Ensuring that each club effectively fulfills its responsibilities to its members; Providing effective training and leadership development opportunities for club and district officers.



Ede Ferrari-D'Angelo, DTM
[Lt. Gov. Education & Training](#)
 Email: eferrariangel@gmail.com

As Lieutenant Governor of Education and Training, my focus is to ensure that every Founder's District Toastmaster benefits from our quality education and training programs, LACE, and conferences.

This year promises to be an eXtraordinary one. We have motivated and dedicated Area and Division Governors ready to serve and support our clubs and members, with your top three district leaders at the ready as well. Our goal is to see every club achieve at least Distinguished level.

Why become Distinguished? It means your members are meeting their goals. It means your members are supporting and encouraging one another. It shows potential members that your club cares about quality programming and results.

Clubs who achieve the following [Distinguished Club Program](#) (DCP) goals by Dec. 31st (of course, remember to keep track of April membership payments!) will receive:

- 5 DCP goals** - Distinguished - \$10 TI Gift Certificate
- 7 DCP goals** - Select Distinguished - \$20 TI Gift Certificate
- 9 DCP goals** - President's Distinguished - \$25 TI Gift Certificate
- 10 DCP goals** - eXtraordinary Distinguished! - \$30 TI Gift Certificate + one Successful Club, Better Speaker, or Leadership Excellence kit.

Feeling challenged by the Competent Leader (CL) projects? CL Chair, Ben Bolisay can guide you as you work through the manual. Also, follow this easy [checklist](#), and submit your CL Award application now!

Have fun working the DCP and CL projects and eXpect eXtraordinary results!



Victoria Bakker, ACS, ALB
[Lt. Governor Marketing](#)
 Email: raspberryford@gmail.com

How do new members find out about Toastmasters?

Many join clubs because they were invited by current members. Many new clubs form from a current Toastmaster's great idea for a new start. Be rewarded for your membership building efforts:

[The Smedley Award](#): Clubs who add 5 new, dual, or reinstated members between Aug 1 & Sep 30 will receive a "Smedley Award" ribbon to display on your club's banner; choice of Leadership Excellence Series, Better Speaker Series or Successful Club Series; a \$25 TI Gift Certificate; engraved plaque honoring this achievement; AND -- new this year -- a special discount code for 10% off your next club order from TI.

[Individual Member Sponsors](#): Sponsor 10 new members between July 1, 2009, and June 30, 2010, and receive a special star pin; sponsor 15 new members to receive a special discount code for 25% off your next product purchase from TI.

New Clubs who charter before September 30, 2009, receive a free Club Banner with their Club Name, Number, and City, a banner stand with carrying case. New Clubs chartered before June 30, 2010, within their first 4 meetings receive a choice of timing lights or a TI "swag bag" of educational tools to help their club start strong! Club mentors or coaches receive an educational item of choice from the TI catalog.

"Dues are Due! [Renew online anytime](#). Send membership payments by September 30th so that your club renewals count as "on time" for the October 1st deadline.



October 2009 is Toastmasters' Month

California's Governor Arnold Schwarzenegger congratulates Toastmasters on eighty-five years of services to "California and beyond" in a letter sent to Michael Varma, the Founder's District Public Relations Officer.

Mayors in the Founder's District have proclaimed October 2009 as Toastmasters' Month. Official government supporters include:

- Governor Arnold Schwarzenegger
- Senator Lou Correa 34th District
- Congresswoman Doris Matsui 5th District
- Congresswoman Lynn Woolsey 6th District
- Congresswoman Barbara Lee 9th District
- Congressman Pete Stark 13th District
- Congresswoman Judy Chu 32nd District
- Congresswoman Loretta Sanchez 47th District
- Mayor Steven Placido Alhambra
- Mayor John Wuo of Arcadia
- Mayor John Rocha of Azusa
- Mayor John Beauman of Brea
- Mayor Bruce Barrows of Cerritos
- Mayor Allan Mansoor of Costa Mesa
- Mayor Walter Allen of Covina
- Mayor Lisa Bartlett of Dana Point
- Mayor Mario Guerro of Downey
- Mayor Guy Carrozzo of Fountain Valley
- Mayor Don Bankhead of Fullerton
- Mayor Keith Bohr of Huntington Beach
- Mayor Sukhee Kang of Irvine
- Mayor Joel Lautenschleger of Laguna Hills
- Mayor Frank Ury of Mission Viejo
- Mayor Edward Selich of Newport Beach
- Mayor Mary Ann Lutz of Monrovia
- Mayor Carolyn Caveche of Orange
- Mayor Gary Thompson of Rancho Santa Margarita
- Mayor Curtis Morris of San Dimas
- Mayor Eugene Sun of San Marino
- Mayor Miguel Pulido of Santa Ana
- Mayor Louie Gonzales of Santa Fe Springs
- Mayor Doug Davert of Tustin
- Mayor Roger Hernandez of West Covina

Walsh Wins with “Second Chance”

After delivering an inspiring speech titled “Second Chance,” Carl Walsh won first place at the Toastmasters 2009 Region II Speech Contest in San Mateo, Calif. He secured his shot for the title of World Champion of Public Speaking at Toastmasters’ International Convention held at the MGM Grand in Connecticut, Aug. 12 - 15, 2009.



Carl Walsh, CC, at the World Champion of Public Speaking at Toastmasters’ International Convention. He can be at cwalsh414@yahoo.com.

Walsh, a founding member of Smart Toast, described how he seized a second chance to recover from “the worst marriage proposal ever,” which took place on the top floor of the Empire State Building. He cites, “Nerves and fear of rejection caused me to bungle the words.” Once on the ground floor, he started over again. With all the stress of the preparations gone, an honest, direct and heart-felt popping of the question finally attained a “Yes.”

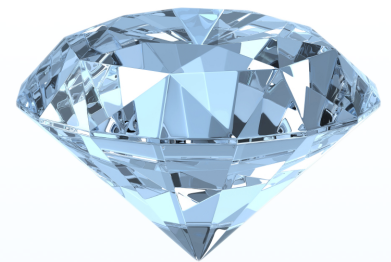
The international speech competition convened bringing the top 10 contestants from different parts of the world, all of whom advanced to the finals following a year-long process of elimination among 30,000 contestants. “Although the stakes are very high - because we’re all there to win,” says Walsh, “what’s most impressive is the Toastmasters spirit of support and friendship throughout the organization.”

While he didn’t win the world championship, he remains one of the top ten Toastmasters speakers in the country. Walsh extended congratulations to Mark Hunter, a school principal from Brisbane, Australia, who emerged victorious.

When asked if he’d try again, Walsh replied with a resounding, “Yes!” clearly taking every opportunity to speak. “Contests are great because you travel much further in a short amount of time. It is the ultimate feedback and gives you a goal to shoot for.” Apparently he will seize the day and take a second chance at the title next year.

Go for it Carl - Founder’s District is behind you all the way.

Hear Carl Walsh’s keynote speech at the [Fall District Conference](#).



Diamond Web Award

Receive *FREE* feedback on your club’s web site and a chance to win a “swag bag” of gifts and goodies valued at \$250. Email your name, club’s name, and web site URL to mvarma@foundersdistrict.org. All Founder’s District web masters are eligible - other contest guidelines are online and available to download at www.FoundersDistrict.org



Founder's Division Governors

Daniel Cossack, ACS, ALB is the **Division A Governor** and shares some insights - *“Learning to make goals and the small steps to achieve them is something I've fine-tuned through my Toastmasters experience. Now, each year my goals become more ambitious and my confidence grows with every success.”*

Cossack's professional long-term goal is to own his own business. Personal achievements are focused on having his photography published in a popular fashion magazine and write a novel.

His business hours are filled as a software architect developing medical imaging storage PACS systems. Spare hours are spent taking photos www.modelmayhem.com/sawaangundy and maintaining several Toastmasters web sites including www.foundersdistrict.org.

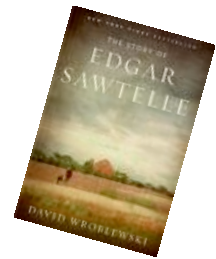
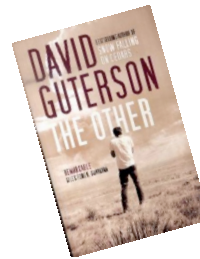
Division A



Email: danc@latinleaders.org
Home Club: [Latin Leaders #583774](#)

Last Books Read:

The Other by David Guterson
The Story of Edgar Sawtelle by David Wroblewski



Fun Facts:

- Used to race motocross
- He's addicted to Rock Band 2
- Taught himself how to juggle in high school



Division B



Chandra Persad, ACB, CL is the **Division B Governor** and business analyst for WesCorp Credit Union. She believes *“Success is doing your best and enjoying what you do.”*

“Toastmasters allow me the platform and forum to constantly challenge myself, reach new heights - little steps at a time. While I develop, I give of myself and I learn from others. I appreciate the opportunity to help members pursue their dreams. It is a wonderful reciprocal process - that's the beauty of the program.

Email: cpersad1@verizon.net
Home Club: WesToast #8999

The networking, the camaraderie and the synergy amongst the members is wonderful. It is all about encouragement, support and serving each other and having FUN, FUN, FUN! It is a great journey which continues!”

Last Book Read:

Les Miserables by Victor Hugo - *“I used the monodrama from the book for Interpretive Reading manual to complete my Advanced Communicator Silver.”*



Fun Facts:

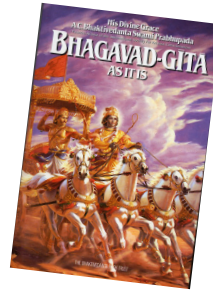
- I love music and dancing
- I am the 6th of 10 children, the only girl in the middle of 5 brothers
- East Indian background, but born in the Caribbean, the island of Trinidad

Founder's Division Governors

Frances “Frannie” Jordan Stein, Ph.D, ACB, ALB is the **Division C Governor** and has held a variety of occupations: teacher, television writer/producer, radio interviewer and university professor.

“The achievement of my goals is an ongoing process:

- *To be a ‘servant leader’*
- *To positively impact the lives of others*
- *To listen and understand*
- *To encourage each other’s development*
- *To accept, not expect*
- *To be aware of and attentive to other’s needs*



Toastmasters teaches me that everybody has unique and different perspectives and perceptions about everything. It encourages me to be open, assume nothing and make the circle bigger.”

Last Book Read:

The Bhagavad Gita (deals with life’s most important questions)

Fun Facts:

- I love being with and working on creative projects with my husband
- I admire our son, Allan, who can fix anything
- I have wonderful gal pals that enrich my life

Division C



Email: nhfrannie@yahoo.com
Home Club: [Achievers #9931](#)



Members of the Achievers

Division D



Randy B. Garcez, ACG, CL is the **Division D Governor** and has three key areas of focus that overlap in his personal and professional goals:

1. To enhance my listening skills to accept valued suggestions for improvement in a non-defensive way
2. To refine my evaluation and thought processes and deliver better immediate and long-term feedback in a non-judgmental way
3. To master the art of both trainer and seminar communication styles

Email: randy@zephyr.delta.net
Home Club: [Yorba Linda-Placentia Club #3425](#)

“Speaking in clear, cogent sentences has improved my relationships at home and work. I’ve been the MC at retirement parties, delivered eulogies, roasts, and short seminars at national and international meetings. All of which were practiced using my fellow TM members as test audiences.”

Last Book Read:

Lord of the Rings by J.R.R. Tolkien



Fun Facts:

- Scuba’d with schools of 250 to 1,000 pound sharks in Fiji and Honduras
- Been to over 45 professional baseball fields from Angels Stadium in Anaheim, CA to Fenway Park in Boston, MA to collect the “cheesiest” souvenir pins from each park

Founder's Division Governors

Kris Krishna, DTM is the **Division E Governor** and joined Toastmasters after retiring from working 31 years at the Xerox corporation.

"Completing the Special Occasion Speeches manual helped me deliver a stellar speech that was well received at my son's wedding reception. Toastmasters has opened doors in India, Germany and other places that I have traveled."

Krishna was a Volunteer Coordinator at the Tiger Woods Learning Center (www.twlc.org) and worked with school children, teachers, college grads, professors, retirees and company executives and asserts his success came from Toastmasters: *"Good, clear communication helped establish rapport with all and helped provide leadership in the assignment."*

Division E



Email: kkrishna@aol.com
Home Club: [Talking Heads #882](#)

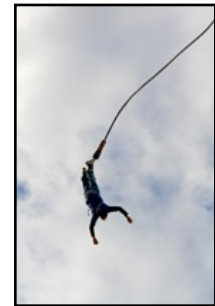
Last Book Read:

1491: New Revelations of the Americas Before Columbus by Charles Mann



Fun Facts:

- Bungee jumped at the first "official" bungee-bridge in New Zealand
- Favorite poem is "Elegy written in a country churchyard" by Thomas Gray



Division F



Ryan Durkin, ACB, CL is the **Division F Governor** - *"If you told me three years ago that I was going to be a Division Governor, I would have rolled my eyes. The Toastmasters' leadership track has given me the experience and credibility needed to become a great manager and leader in my career."*

I hope to help engineers, doctors, and other professionals communicate with their non-technical audience. I have seen scientists talk about great medical innovations and engineers rave about new hardware designs, only to have their research fall on deaf ears because those making the decisions to proceed could not understand the message. Imagine all the ideas in the world lying dormant in someone's head because the concept cannot be translated beyond their own expertise."

Email: Ryan.durkin@gmail.com
Home Club: [Spectrum Speakers Club #9317](#)

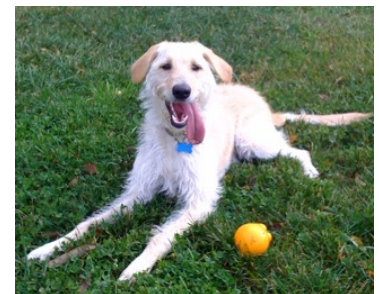
Last Book Read:

Made to Stick by Chip and Dan Heath



Fun Facts:

- I have a 1½ year old Labradoodle named Luna
- My house usually smells like garlic
- Favorite movie is Wall-E



Luna



Founder's Division Governors

Jeanne Cassidy, ACG, CL is the [Division G Governor](#) and has a personal goal to achieve her Distinguished Toastmasters (DTM) in 2010 and a professional goal of being a published author by 2012.

"The Toastmasters program and fellow members have been instrumental in expanding my comfort zone. I am constantly challenged to become a better all-around communicator: developing my speaking, writing and listening skills. In addition, this amazing organization has helped me hone leadership skills needed to successfully operate in a volunteer organization. I've been encouraged to try new techniques, allowed to practice on friends and rely on sincere, constructive feedback."

Division G

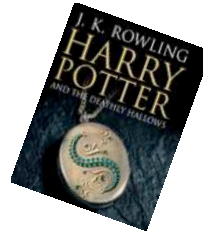


Email: jeanne.cassidy@boeing.com

Home Club: [SpeakEZs #8771](#)

Last Book Read:

Harry Potter and the Deathly Hallows by J. K. Rowling



Fun Facts:

- Born and raised in "da Bronx"
- Coast Guard reservist for 26 years; retired as a Captain (0-6)
- Preparing for the Denver 1/2 marathon in October for Make-A-Wish Foundation



Division H



Elisa Heredia, CC is the [Division H Governor](#).

"My goal is to continue to grow as a contributing individual to my family, my employer and society as a whole."

Toastmasters has helped me change into a confident individual with the ability to communicate my thoughts and ideas. Because of these new skills, I have gained several promotions with Southern California Edison. I now have grown into a mentorship role and discovered a love for helping other people achieve their goals."

Email: lisheredia@gmail.com

Home Club: [Edison Powerlines #1055](#)

Last Book Read:

A Year of Magical Thinking by Joan Didion.



Fun Facts:

- An opera fanatic (La Boheme is my favorite)
- Mother of two beautiful young ladies, Samantha and Melody
- Take road trips with my husband several times a year



Samantha, Elisa and Melody





Spotlight Submissions

Do you know an outstanding Toastmaster? Are they reaching their personal or professional goals? Fill out the [Spotlight Questionnaire](#) and email it to mvarma@foundersdistrict.org to be considered for the next issue of *The Founder*.



Founder's District 2008-2009 Hall of Fame

Daniel Cossack, ACS/ALB
District Toastmaster of the Year

Carolynn Bramlett, ACS/CL
Area Governor of the Year

Marsha DeGon, DTM
Division Governor of the Year

2009 District Fall Conference



Keynote speaker is the dynamic and popular, **Carl Walsh**, winner of the 2009 Region II Humorous Speech Contest.



November 14, 2009
9 a.m. to 5:30 p.m.

Marriott at Cal State Fullerton
2701 E. Nutwood Ave.
Fullerton, CA 92831

Early Bird Special = \$30

For the first 225 registrants

Register online at <http://www.foundersdistrict.org/conference>

YOUR FOUNDER'S DISTRICT LEADERSHIP TEAM

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This could be you!
Contributing Writer

